



**PARENTS and their TEENAGERS:
Parenting and Sexual Health and Relationships Course
A FREE COURSE FOR
PARENTS OF 12 - 18 YEAR OLDS**

Would you like to know more about:

- What influences young people;
- Why they behave like they do;
- What they think about sex and relationships;
- How to communicate effectively;
- Puberty and body changes;
- "Safer Sex" and assertiveness;
- What sex and relationships education your young people are receiving in school;
- Sexual Health, HIV/AIDS, Contraception;
- STI's (Sexually Transmitted Infections);
- Teenage Pregnancy;
- Where parents and young people can go locally for advice, help and information

Led by Health and Education professionals
Sue Meakin & Jan Lever

You are invited to learn more and talk about any concerns you may have:
A free 5 session course



Monday	16 th November
Monday	23 rd November
Monday	30 th November
Monday	7 th December
Monday	14 th December

7.00 - 9.30 pm each evening in an informal atmosphere

**At
Ashdown Technology College
Adastral Road
Canford Heath
Poole
BH17 8RE**

For further information call:
Sue Meakin 01202 541512/Jan Lever 01202 633559
To reserve your place, please phone Sue Meakin